Accommodations

- * Restaurant on Site 1 Absolute Paradise
- 504-723-5533
- 2 Alpine Inn 828-765-5380
- 3 America's Best Value Inn 828-659-2567
- 4 Appalachian Dream Cabin 251-363-3142
- 5 Between the Falls 386-299-9681
- 6 Backyard Bunkies 828-527-4428
- 7 Bear Haven & Gypsy Cabins 828-668-4831
- 8 Bear Den Creek-Side Cabins 828-765-2888
- 9 Big Bear Cabin 828-765-2888
- 10 Big Lynn Lodge
- 800-654-5232 or 828-765-4257 11 Black Bear Cabin
- 386-299-9681 12 Blue Ridge Parkway Ca
- 12 Blue Ridge Parkway Cabin Rentals 919-602-6722
- 13 Budget Inn 828-652-7276
- 14 Camp Grier Group Lodges 828-668-7793
- 15 Camp Lake James & Cabins 828-391-6866
- 16 Lake James Vacation Rentals 828-442-5890
- **17 Chalet Switz** 407-678-9383
- 18 Comfort Inn
- 828-652-4888 or 877-424-6423 19 Cottages at Spring House Farm
- 828-738-9798 or 877-738-9798
- 21 Eco-Cove Wildlife Sanctuary 828-724-9757
- 22 Fossie's Cabin 828-724-9612
- 23 Grandview Lodge 407-463-2458
- 24 Greybeard Rentals 828-668-6077
- 25 Hampton Inn
- 828-652-5100 or 800-426-7866 26 Haus Edelweiss Guest Suite 828-527-2564
- 27 Hidden Lake Cabins 828-460-8252
- 28 Holiday Inn Express 828-527-0035
- **29 Catawba River Inn** 828-756-7001
- **30 Inn on Mill Creek** 877-735-2964 or 828-668-1115
- **31** Jarrett Creek Cottage 828-669-1072
- 32 The Kibbin 828-669-1072
- 33 Lake Club Vacation Rental 828-584-9999
- 34 Lake Front Retreat 919-426-6723
- 35 Linville Falls Lodge & Cottages* 800-634-4421 or 828-765-2658
- 36 Little Switzerland Vacation Rentals 866-766-0611 or 828-765-7111
- 37 Lodge at Catawba Falls Preserve 828-284-7893
- **38 Log Lodge Hideaway** 704-578-3410
- **39 Morning Star Cabin** 225-439-0281
- 40 Mountain Appalachian Inn 828-460-3438

585-402-4398 42 Newberry Creek Cabin 828-442-5890 43 Railway Rest 828-460-2486

41

 44 Rivers Ridge Lodge 828-243-5762 or 828-668-7529
45 Rocky Falls Retreat

The Mountain Majesty

- 704-489-1559 or 704-641-9500 46 Round Knob Lodge
- 828-669-1072 Ryan's Rest
- **47 Ryan's Rest** 678-850-5944
- 48 Sarah's Song Cabin 828-659-2879
- 49 Sky Island Retreat 828-668-4928
- 50 Skyline Inn* 828-765-9394
- 51 South Creek Retreat 828-803-9464
- 52 Sportsman Inn
- 828-659-7525 53 Super 8 Motel
- 828-659-7940 54 Switzerland Inn*
- 800-654-4026 or 828-765-2153 55 Tranguility Cabin
- 828-738-4893
- 56 Waters Edge 828-442-5890
- 57 Whispering Creek Cottage 813-215-8906
- 58 Wildcat Lodge
- 502-245-8816 59 Hidden Creek Camping Resort 828-652-7208

Attractions

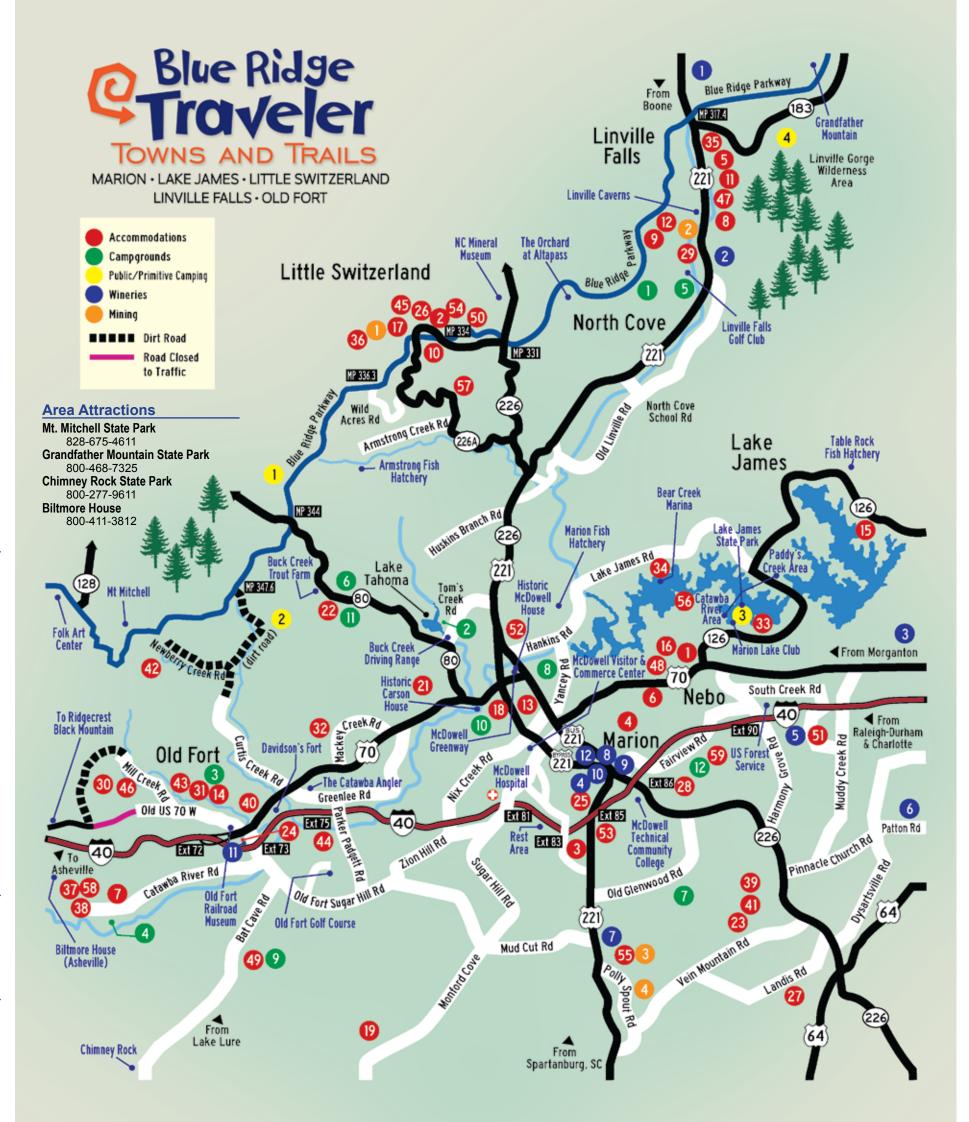
Lake James State Park 828-652-5047 or 828-584-7728 Linville Caverns 800-419-0540 or 828-756-4171 Linville Gorge Wilderness Area 828-652-2144 **Orchard at Altapass** 888-765-9531 or 828-765-9531 **Bear Creek Marina** 828-655-1400 **Buck Creek Trout Farm** 828-724-9612 Catawba River Outdoors 828-442-6048 McDowell Arts Council Gallery & Gifts 828-652-8610 **Arrowhead Gallery & Studios** 828-668-1100 The Makery 828-312-7150 The Catawba Angler 828-460-2390 Blue Ridge Traveler Visitor Center 828-668-4282

Golfing

Buck Creek Driving Range 828-724-4888 Marion Lake Club Golf Course 828-652-6232 Linville Falls Golf Club 828-756-4653

Musuems

Historic Carson House 828-724-4948 Mountain Gateway Museum 828-668-9259 NC Museum of Minerals 828-765-2761



Campgrounds

- 1 Bear Den
- 828-765-2888 2 Buck Creek
- 828-724-4888
- 3 Camp Grier 828-668-7793
- 4 Catawba Falls
- 828-668-4831 5 Mountain Paradise
- 828-756-4085
- 6 Mountain Stream RV Park Mountain Stream Yurts 828-724-9013
- 7 Mountain View RV Park 828-527-3020
- 8 Riverbreeze Campground 828-925-8524
- 9 Sky Island Retreat 828-668-4928
- **10 Tom Johnson's RV Park** 888-266-0551
- 11 Triple C 828-724-4099
- 12 Hidden Creek Camping Resort 828-652-7208

Public & Primitive Camping

- 1 Crabtree Fall Campground 828-675-5444
- 2 Curtis Creek Campground 828-652-2144
- 3 Lake James State Park 828-652-5047
- 4 Linville Gorge Wilderness Area 828-652-2144

Wineries/Cheese/Bees/Beer

- 1 Linville Falls Winery
- 828-765-1400
- 2 English Farmstead Cheese
- 828-756-8166 3 Lake James Cellars
- 828-584-4551 4 Keeper's Cut Meadery
- 828-527-6326 5 South Creek Vineyards & Winery 828-652-5729
- 6 Silver Fork Vineyard
- 828-652-5729 7 Sweet Betsy Farm
- 828-724-4444 8 Refinery 13
- 828-559-0027
- 9 Mica Town Brewery 828-559-8300
- 10 Spillway Bridge & Co. 828-460-0269
- 11 Hillman Beer
- 828-668-6372
- 12 Flavors on Main General Store 828-528-8145

Mining

- 1 Emerald Village 828-765-6463
- Linville Mountain Gem Shop 828-756-7206
- 3 The Lucky Strike 828-738-4893
- 4 Carolina Emerald Mine 828-738-9544

McDowell County Tourism Authority 91 South Catawba Avenue | Old Fort, NC 28762

Call for a FREE McDowell County Travel Guide 1-888-233-6111 or 828-668-4282 www.blueridgetravelers.com





Hiking Trails

1 Armstrong Creek 3 miles, easy-moderate.

3640 ft. Primitive hiking trail on old logging road. Take NC 226A to Armstrong Fish Hatchery Road (1443). Trail head begins past hatchery parking lot, ends at Woods Mountain Trail..

2 Bad Fork 2-6 miles, moderate.

2940 ft. Primitive trail connects with Woods Mountain and Armstrong Creek Trails. Take NC 226A to Armstrong Fish Hatchery Road (1443). Drive 3 miles to trail head on left side at confluence of Bad Fork with Armstrong Creek. Trail ends at Woods Mountain Trail

3 Kitsuma Peak Trail/Young's Ridge 9.7 mile loop, moderate.

3195 ft. Two trails merge to create an eight-mile trail opening to breathtaking views, winding around Old Fort Mountain. Also used as a mountain bike trail, listen for riders. Narrow trail, moderate to difficult. Parking available at Ridgecrest Overlook and at Old Fort Picnic Area. From US Hwy. 70, approx. 2.4 miles, U.S.F.S. Old Fort Picnic Area on left. From 1-40/Ridgecrest Exit, turn onto "Old Hwy. 70" to stop sign, past Ridgecrest Conf. Center. Drive straight ahead to road end at parking area.

4 Lead Mine Gap 2.8 miles, moderate.

3460 ft. Mixed forested environment with long range views. Take Curtis Creek Road from US 70, east of Old Fort. Continue about 8 1/2 miles to trail head. Trail head is at the intersection of camporound site #213. Trail descends to Mackey Creek. Offers a back country experience and can be hard to follow.

5 Linville Gorge

3400 ft. Eastern America's most scenic and rugged gorge. On NC 183 in village of Linville Falls, turn right at dirt road (Kistler Memorial Highway, #1238) 3/4 mile from intersection with US 221. There are multiple strenuous trails accessible from Kistler Memorial Highway. Obtain Linville Gorge Wilderness Map from US Forest Service Grandfather District Office in Nebo. 828-652-2144

6 Mackey Mountain 7 miles, difficult.

3400 ft. Excellent views in bear sanctuary. Take Curtis Creek Road, off US 70, east of Old Fort. Trailhead is 3.7 miles from Curtis Creek Recreation Area Campground. Follows the Mackey Mountain Ridge through old growth forests. Trail crosses Narrows Knob, elevation 3396, and trail can be hard to follow

McDowell Historic Greenway

The McDowell Greenway is a paved route, following the path of the Catawba River Two sections are complete and cover approximately 1.5 miles (one way). Canoe/kayak and fishing access, handicap fishing decks. Enter the park at 136 US 70 West in Marion, parking is behind house

8 Mt. Ida Wilderness Trail

Gravel road leads to trailhead, covered picnic shelter and overlook. Trail is approximately .70 mile. Entrance at 1536 Rutherford Road in Marion, beside Ideal Rentals.

9 **Newberry Creek**

5 miles, easy-moderate. 4300 ft. Scenic trail ends at Parkway. Take Curtis Creek Road, off US 70, east of Old Fort. Left at Newberry Creek Road, parking on left side of road, just before road ends at trailhead. Trail begins after 4 miles at end of road.

10 Point Lookout Trail 3.62 miles, easy-moderate.

Non-Motorized Trail. 1800-2900 Feet above sea level depending upon area. Spectacular views of Royal Gorge and 19th century railroad tunnels. Paved NON-MOTORIZED trail for bicyclists and hikers. I-40 to exit 73, North on Catawba Ave., turn left onto Highway 70, then right onto Old Hwy. 70. 2.4 miles to Mill Creek Road, Old Fort Picnic Area to left with parking available during season. Trail begins at end of Old Hwy. 70, look for U.S.F.S. entry gate.

13 Snook's Nose

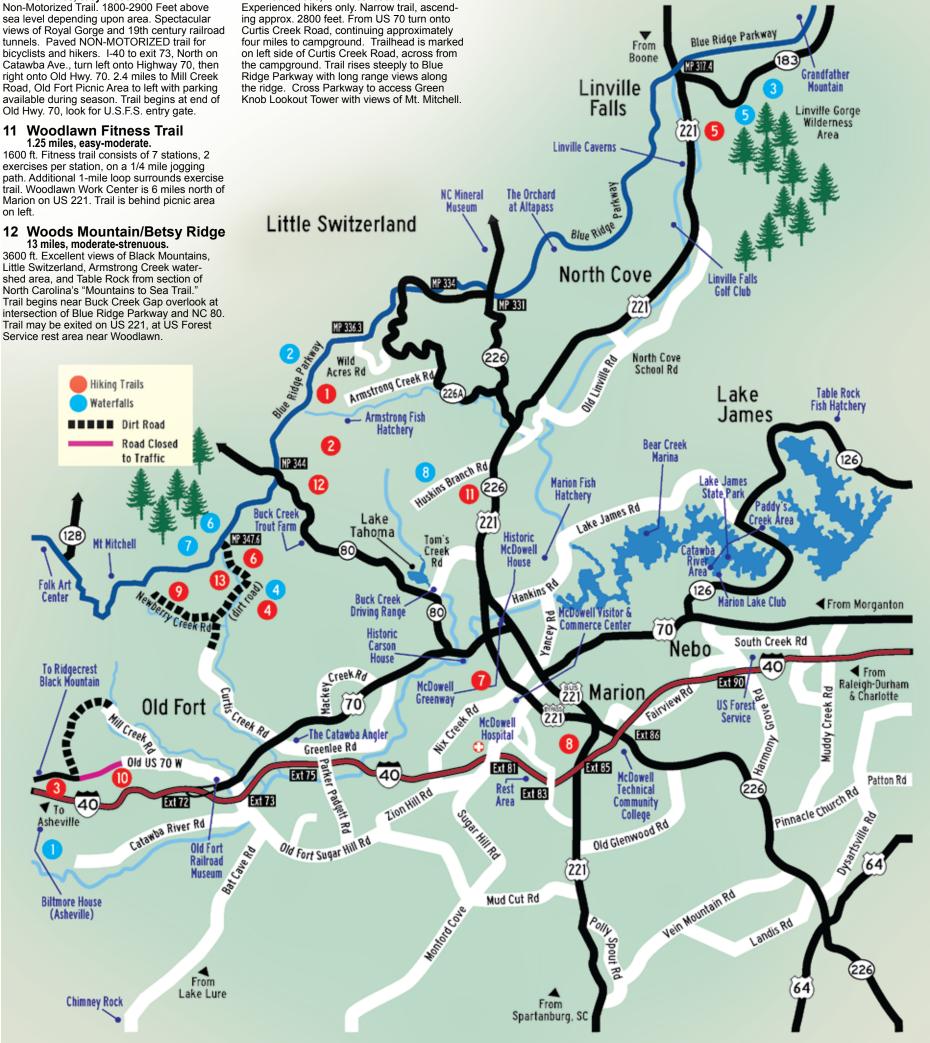
Strenuous, 2.7 miles. Caution

11 Woodlawn Fitness Trail 1.25 miles, easy-moderate. 1600 ft. Fitness trail consists of 7 stations, 2 exercises per station, on a 1/4 mile jogging path. Additional 1-mile loop surrounds exercise

trail. Woodlawn Work Center is 6 miles north of Marion on US 221. Trail is behind picnic area on left.

13 miles, moderate-strenuous.

3600 ft. Excellent views of Black Mountains, Little Switzerland, Armstrong Creek watershed area, and Table Rock from section of North Carolina's "Mountains to Sea Trail." Trail begins near Buck Creek Gap overlook at intersection of Blue Ridge Parkway and NC 80. Trail may be exited on US 221, at US Forest Service rest area near Woodlawn



Waterfalls

1 Catawba Falls:

3 miles round-trip, moderate, strenuous. A 340-foot cascade, upper falls is a 70-foot plunge. I-40 West bound to exit 73. Turn left and go under interstate. Make first right. At fork, bear left onto Catawba River Road. I-40 West bound exit 73. As you approach the stop sign at the end of this exit, Catawba River Road is to the right BEFORE you reach the stop sign. Road ends after 3 miles. Parking area is at the end of the bridge. Follow trail signs. Hiking is permitted during daylight hours only. The McDowell County Sheriff's department patrols this area. Cars left after dusk will be towed

2 Crabtree Falls

2.5 mile loop, moderate. 60-foot plunge down a wide and even rock face. At Blue Ridge Parkway Milepost 33.5, turn into Crabtree Falls Parking lot. Do not use the

3 Dugger's Creek Falls

0.3 mile loop/easy

campground parking lot.

On the Blue Ridge Parkway, Milepost 316.5 is the Linville Falls parking area and visitor center. Once in the parking lot, you will find the visitor's center with a map of the park, and some pictures of the waterfalls. To see Dugger's Creek Falls, you will follow the edge of the parking lot back to the street. You will come upon a small, marked trailhead to your right. Once you enter the woods, you will follow a very short trail to a bridge over Dugger's Creek. The falls to your right. This is not a large waterfalls, but is breathtaking. Bring the camera to take great shots from the swinging bridge. There is also a trail going down below for other views of the falls

4 Hickory Branch Trail Falls 4 miles round-trip, moderate.

View of 20-foot falls. Approximately 2 miles east of Old Fort on US 70, turn onto Curtis Creek Road, go 4 miles to campground. Trailhead is on edge of field to right of campground.

5 Linville Falls

Falls Trail: 1.6 miles round-trip, easy; Gorge Trail: 1.4 miles round-trip, strenuous; Plunge Basin Trail: 1 mile round-trip, moderate.

Most popular waterfall in Blue Ridge! A spectacular three-tiered waterfall plunging into Linville Gorge, the "Grand Canyon of the Southern Appalachians." Exit Blue Ridge Parkway spur at milepost 316.4.

6 Roaring Fork Falls 1 mile round-trip, easy.

Located in Toecane District of Pisgah National Forest. A 30-foot rush down a narrow, zigzag slide. At Blue Ridge Parkway Milepost 344.1 exit north onto NC 80. Drive north 2.3 miles, turn left onto FS 472 (South Toe River Road), just before Mt. Mitchell Golf Course. Take first left (after 0.1 miles) at sign indicating Roaring Fork Falls and Busick Work Center. Road dead-ends at work center. Park near gate on right.

7 Setrock Creek Falls 1.4 miles round-trip, easy.

From the Blue Ridge Parkway at MP 344, continue south for 2.2 miles, left on South Toe River Rd (SR 1205). Follow Black Mountain Campground signs approx. 2.8 miles, at 2 miles there is a sharp turn. Park across from the campground entrance, if you're not camping. From here, walk across bridge into campground, take first road to left, then take second trail to the right, stake reads "Setrock Falls."

8 Tom's Creek Falls 2 mile loop, easy.

7 miles north of Marion on US 221. Turn left at Huskins Branch Road, just before Woodlawn Motel. Go 1.3 miles and park on right at gravel lot with kiosk. Trailhead begins at lot. When trail forks, follow left along creek. Gentle falls in picturesque area.

Approximate height of falls: 100 feet.